**6th Grade Health Education**

**Friends Academy**

**2018-19**

Mr. Damm

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**“When you have your health, you have just about everything.”**

The 6th grade health course is a year-long class that examines many facets of health. Our curriculum will center around the *physical, mental, and social-emotional health domains that contribute to one’s wellness; seven life management skills, healthy relationships, digital citizenship (social media), violence prevention/bullying, drug abuse/misuse, and family health/sexual health will be covered.*

**Curriculum**

The Great Body Shop

**Textbook**

There is no formal textbook for this class.

**Supplies**

* Loose-leaf binder for notes
* Paper
* Pen/pencil
* Chromebook
* Portfolio

**How grades will be determined**

* Assessments
* Projects
* Homework
* Class participation

***In keeping with the academic honesty policy, the work that any student brings to class should be his or her own, irrespective of whether it is being collected or graded.***