**Green Cleaning in Your Home**



 There is growing concern about of harmful chemicals in our lives. We bring a variety of chemicals into our homes with the cleaning supplies we use. However there are actions you can take to make your home safer. To get a sense of what is in the products just read the labels of household cleaners. Here are some simple ways to help lessen the amount of these chemicals in your home.

-A safe all-purpose cleaner can be made with one part vinegar mixed with one part water and a spoon full of biodegradable liquid soap.

-Hydrogen peroxide diluted with water in a spray bottle makes a great disinfectant cleaning solution, adding some lemon juice helps make it even more effective.

-Baking soda and water can be used as a cleaner.

<http://home.howstuffworks.com/home-improvement/household-hints-tips/cleaning-organizing/buy-cleaning-supplies.htm>